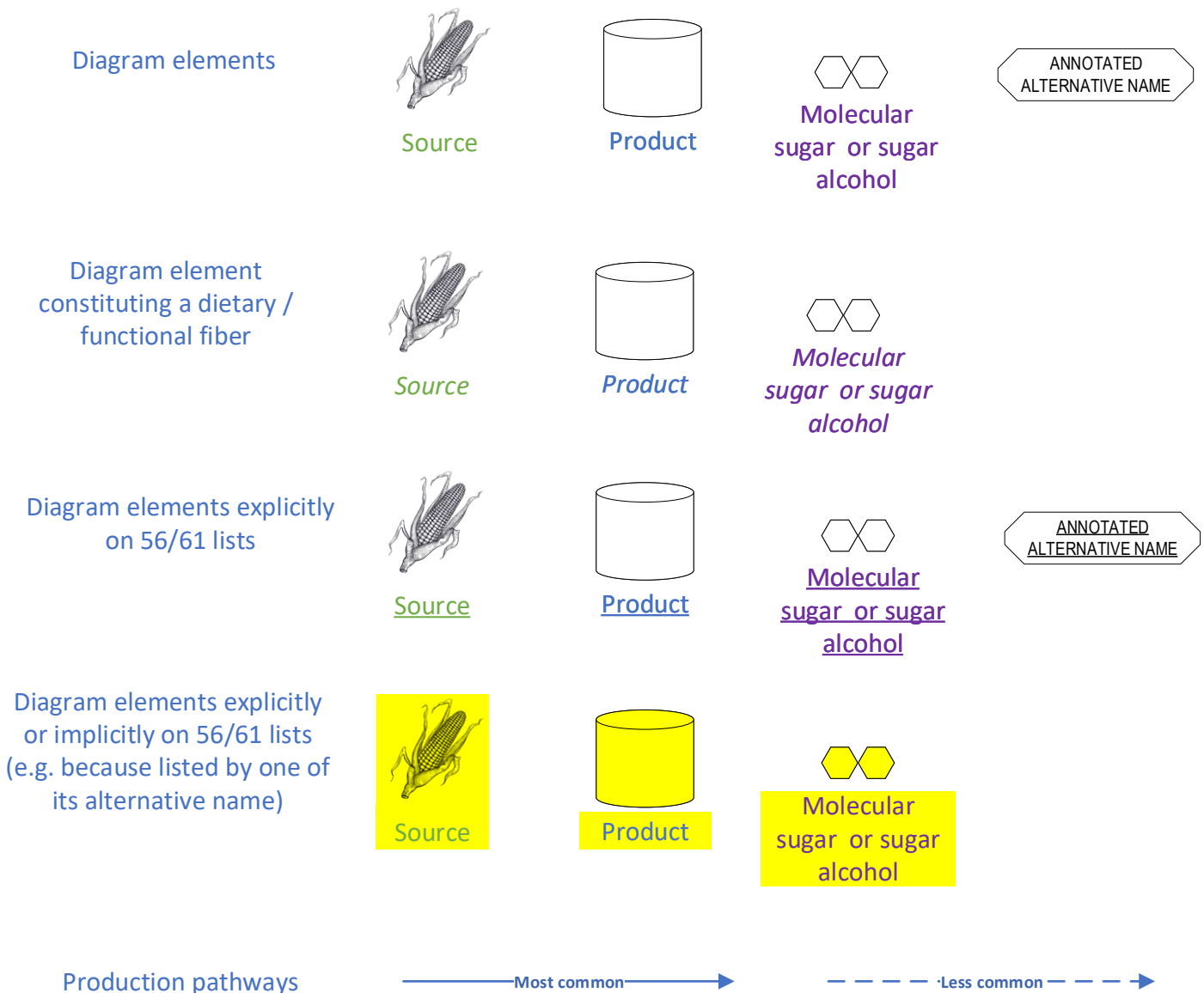


Based on perfect’s database holding ingredients for over 250,000 products, we found that almost 300 names for sugar that appear on food labels aren’t covered by the “56 names of sugar” and SugarScience’s 61 names of sugar.

The exact number depends on how one counts.

This document aims to be a basis to help draw the lines between what should be considered “sugar” within the scope of those lists – and what shouldn’t.



This is a working document in progress. Current as of August 2020



